WASHINGTON STATE UNIVERSITY FXTENSION

Thurston County 4-H Enrollment Form

C1003E

Club/Group Name:	Club/Group Leader:	
Enrolling as:	General Club Ldr. 🚨 Project Ldr. 🗖 A	Activity Ldr. Resource Ldr.
Participant Name: (First)	(MI) (Last)	
Birth Date:/ Primary Phone: ())
Mobile Phone:() text messa		rier:
Primary Email:	Other Email:	·
School: (youth only):	Grade:	Yr. in 4-H:
Mailing Address:		
City:	State:	Z ip.
Parent/Guardian Name (Printed):	(Ml) (Last)	
Military Family: (Check applicable box) ☐ Active Army ☐ Air Guard ☐ Air Force Reserve ☐ Active Marine Corps ☐ Marine Corps Reserve		□ Active Air Force□ Naval Reserve□ Coast Guard Reserve
Health Considerations: ☐ Has health considerations Health consideration: ☐	·	
Please provide us with this optional data so that we may report Ethnicity: (Check one): Yes – Hispanic or Latino Ethnic Gender: (Check one): Female OR Male Residence: (Check one): Rural/Town <10,000 Racial Groups: (Check all that apply): Asian White	city OR No – Not Hispanic or L Town/City, 10,000-50,000	Suburb 🚨 City>50,000
Project Name Example: Photography	Project Year	
Participant Signature:	Date	:
Parent/Guardian Signature:		:
4-H Volunteer/Leader Signature:	Date	

2015 Washington 4-H Project List

Animal Sciences

Amphibians

Beef* Cat

Cavy Dairy Cattle*

Dog

Dog Care & Training

Service Dog

<u>Equine</u>

Equine Science*
Horseless Horse
Horsemanship*

Explore the World of Small Animals

Goat

Dairy Goat*
Meat Goat*
Novelty Goat*
Pygmy Goat
Utility Goat*
Llama*

Pets Poultry Rabbit Sheep* Swine*

Veterinary Science Self-Det. Animal Science

Engineering & Technology

Aerospace Bicycle Computer Electricity Geospatial

Robotics Small Engines Woodworking

Self-Det. Engineering & Technology

Environmental Stewardship

Environmental Stewardship

Backyards & Beyond

Exploring Your Environment

Forestry Sportfishing

There's No New Water

Wind Energy

Shooting Sports

Archery*

Black Powder/Muzzle Loading*

Hunting*
Pistol*
Riflery*
Shotgun*

Self-Det. Environ. Stewardship

Expressive Arts

Communications
Performing Arts
Performing Arts
Theatre Arts
Photography
Visual Arts

Creative Arts
Latino Cultural Arts

Visual Arts

Self-Det. Expressive Arts

Family & Consumer Sciences

Clothing & Textiles
Consumer Education
Consumer Savvy
Financial Champions
Reading/Financial Literacy

Family Living

Adventures in Family Living

Kids on the Growl
Foods & Nutrition
Foods & Cultures
Food & Nutrition
Food Preservation*
Microwave Magic

Native Foods

STEPS to a Healthy Teen What's on Your Plate? EFNEP Youth Project

Food \$ense Needle Arts

Self-Det. Family & Consumer Science

Interdisciplinary

Adventure Education

Challenge

Portable Challenge Outdoor Adventures

Ag in the Classroom Build Your Future

Plant Sciences

Entomology
Butterfly WINGS
Entomology
Garden

Garden

MG-Led Gardening

Plant Science

Self-Det. Plant Science

Social Sciences

...And My World <u>Citizenship</u> Citizenship

Know Your Government

Service Learning Entrepreneurship

Health
Health
Health Rocks
Introduction to 4-H
Exploring 4-H
Just Outside the Door

Leadership

Self-Det. Social Science

^{*}Youth must be in 3rd Grade and be age 8 before 1/1/15 to enroll in these projects

THURSTON COUNTY 4-H CODE OF CONDUCT

The code of conduct shall be signed and dated by each youth member and parent/guardian as appropriate and returned with the 4-H enrollment forms. A 4-H member is not eligible to participate in the Thurston County 4-H Program, Thurston County Fair, nor any camp or workshop conducted by the Thurston County 4-H unless his/her signed copy is completed. In addition, the emergency information must be completed for each member.

As a 4-H member you have the responsibility of representing all 4-H members to the public. Therefore; you are expected to conduct yourself in a manner that respects individual rights, safety and property of others, and reflects favorably on your state, county and club as well as yourself. You are expected to observe the following guidelines.

- 1. The possession and use of alcoholic beverages and/or drugs other than prescribed medication is prohibited. Use of tobacco products by youth members is prohibited.
- 2. Obscene and discriminatory language, roughhousing and insubordination will not be tolerated.
- 3. Members and leaders must demonstrate respect for each other and the public.
- 4. Display of overly affectionate attention between individuals is prohibited.
- 5. Damage to, or destruction of property belonging to others is prohibited.
- 6. Animal abuse of any kind is prohibited.
- 7. Display of unsportsmanlike conduct is prohibited.
- 8. Be an example of how to accept what life has to offer good and bad and how to live with the outcome of exhibiting your project.
- 9. Wear neat, clean and appropriate attire; including shoes or boots at all times.

Report any infractions to the superintendent/club leader/event coordinator.

Penalties for infraction(s) may include any or all of the following:

- Placing the member on probation for involvement in further 4-H events and/or termination of 4-H membership.
- Assessing the member the cost of damages and repairs in the event of damage or destruction of property.
- Releasing the member to the nearest law enforcement agency and/or the proper authorities.
- Withholding premiums and/or sending the member home from 4-H activities or events.

Parents will be notified if penalties are necessary.

For members and parents:

We understand the reason for this agreement is to ensure the safety of the 4-H member and to ensure conduct and behavior that will result in each participant receiving the full benefit of enjoyment and educational experience from this event. It is not intended to place undue restrictions upon participants.

For members:

I have read the Code of Conduct and agree to abide by its rules. I understand that infractions of this code will result in any or all of the penalties listed above.

Member Signature	Date	
F <u>or parents:</u>		
I have used the eads of sondwat and undoust	- 3 4b - 4 T	
i nave reau the code of conduct and underst	and that I am responsible for my child or ward'	s behavior.
I have read the code of conduct and undersit I give permission to the staff in charge to add	<u> </u>	s behavior.
	<u> </u>	s behavior.
	<u> </u>	s behavior.
	<u> </u>	s behavior.

PRINTED NAME OF PARTICIPANT:			
ASSUMPTION OF RISK October 1, 2014 – September 30, 2015			
I understand that there are risks in participating in 4-H Youth Development events and activities associated with Washington State University (WSU).			
In consideration for and as a condition of being allowed to participate in this voluntary activity, I agree to take full responsibility for any and all risks that exist, including the risk of death or injury to my child or self or loss or damage to my property. I understand that there may be risks that WSU cannot predict or foresee, and I also assume full responsibility for those risks.			
Membership in the 4-H Youth Development Program may involve participation in a wide variety of activities such as, but not limited to: club meetings (mounted or un-mounted), shows, clinics, working with animals, physical education activities, water-sports, food preparation, woodworking, crafts, and travel. Risks in participating include, but are not limited to: temporary or permanent muscle soreness, sprains, strains, cuts, abrasions, bruises, ligament and/or cartilage damage, orthopedic damage, head, neck or spinal injuries, loss or use of arms and/or legs, eye damage, disfigurement, burns, drowning or death. I also recognize that there are both foreseeable and unforeseeable risks of injury or death that may occur as a result of traveling to or from the 4-H Youth Development Program activities that cannot be specifically listed. Further, I recognize that the actions of other participants in the activity may cause harm or loss to my child, self or property.			
PARENT OR GUARDIAN'S RELEASE OF CLAIMS AND LIABILITY			
I release, the state of Washington, the Regents of WSU, WSU, any subdivision or unit of WSU, its officers, employees, and agents, from any and all liability, claims, costs, expenses, injuries and/or losses to person or property, which I may sustain and/or sustain as a result of death or injury of my child, as a result of or connected with participation in the above event. My child's participation includes, but is not limited to, travel to and from the event in a private or public vehicle, any activity connected with the event itself, and use of state equipment or facilities for the event whether on or off WSU property.			
I have carefully read this document, understand its contents and am fully informed about this program and circumstances. I am aware that this document is a contract with WSU and the program sponsors. I sign it freely and voluntarily.			
IMAGE AND VOICE RECORDINGS CONSENT			
Participant, and his/her parent or guardian (as appropriate), hereby grant permission to Washington State University (WSU) to be photographed or otherwise have images or voice recordings made (including but not limited to digital photographs, video or digital moving images, and/or voice recordings), for WSU publication or promotional purposes in any medium (including but not limited to print media, newspaper, television, video, motion picture, or Web site on the Internet). We additionally consent to the use of the student (or adult) participant's name and/or interview comments in connection with WSU publication or promotional purposes in print media, newspaper, television, video, motion picture, or Web site on the Internet. We understand that consent to use of the student participant's likeness or voice recordings is not a condition of participating in the activity and that consent can be refused without any impact in the ability to fully participate in the program. No inducements or promises beyond our acceptance of an opportunity to promote WSU and its programs have been given to the persons signing below. Any other use of images and/or recordings, my name, and/or interview comments requires advance permission. We understand that we can revoke this consent at any time upon notice to WSU, at which time either, or both of us will sign a copy of the denial (below) for use of images or voice recordings.			
We agree OR ☐ do not agree to use of digital images or voice recordings as set forth above:			
WRITTEN NOTICE OF PASSIVE CONSENT			
As a participant in the 4-H Program you or your child may be asked to help with the evaluation of the program to tell us how well the program is working. You or your child may be asked to complete a written survey about what you/they learned from participating in the program. We estimate that it will take participants approximately 10 minutes to complete the survey.			
Participation in the evaluation is not required. If you of your child decide not to participate, it will not affect participation in this or future WSU Extension programs. If you or your child do not want to answer some questions on the survey, that is okay. The survey responses will be anonymous, and participant responses will not be identified in any way.			
If you or your child does not want to participate in the evaluation of the 4-H Program or you have questions about the evaluation, please contact the Thurston County 4-H Office at: tc4h@co.thurston.wa.us or (360) 867-2157.			
I have read, understand and consent to the foregoing statements. I am the parent or guardian of the child (minor under the age of eighteen, or other person legally incompetent to contract), whose name is set forth on this form OR I am an enrolled member or volunteer over the age of eighteen. Signature of Parent/Guardian OR Participant (for participant 18 years of age or older)			

2014-2015 4-H Year **Thurston County Club**

PARTICIPANT HEALTH **FORM**

2014-2015 4-H Year Thurston County Club	Various attendance dates from: October 1, 2014 to September, 30 2015 Participant Name: First Middle Last Male Female Birth Date Age on arrival at program Month/Day/Year			
PARTICIPANT HEALTH FORM Page 1/3				
This form is to REMAIN with your 4-H Club Leader in a confidential file.	To Parent(s)/Guardian(s): Please follow the instructions below. Attach additional information if needed. 1. Complete pages 1, 2 and 3 of this form (and make a copy for yourself). 2. Send the original, signed form to program by requested date.			
	L =			4
Participant Home Address: Street Address	C	ity State	Zip Code	First
Parent/guardian with residential placement and/or decision-making Name:	authority in the event of illness or injury:	Relationship		
Preferred Phones: ()				2
Home Address: (If different from above) Street Address		. State	Zip Code	fiddle
Second parent/quardian with legal responsibility/authority_to_be_cor	tacted in case of illness or injury:			
•		Relationship		
Name:				
Preferred Phones: ()		Email:		
Additional parent/quardian to be contacted in case of illness or injur Name:	-	Relationship to Participant:	***************************************	Last
Preferred Phones: ()	(Email:		St
Allergies: No known allergies. This participar (Please describe below what the participant is alle This participant has a life-threat Diet, Nutrition: This participant eats a regula	gic to and the reaction seen, in ining allergy. An emergency ca	detail. Please describe preve	Intative or responsive measures.)	
	ian diet (describe details below).			
	ood needs. (Please describe be	ow.)		
Immunizations:	4:			7
My child is up-to-date on his/her immunizations an	d tetanus shots as required by Wa	shington State law.		
 ☐ My child has an immunization exemption on file w 		•	rom not being fully immunized	
		· · · · · · · · · · · · · · · · · · ·	Total Soling Fally Intification.	4
Mental, Emotlonal, and Social Health: Check "Yes" Has the participant: 1. Ever been treated for attention deficit disorder (AL		disorder (ADHD)?	□ Voo. □ No.	
2. Ever been treated for emotional or behavioral diffi	culties or an eating disorder?		🗀 Yes 🔲 No	
3. During the past 12 months, seen a professional to 4. Had a significant life event that continues to affect (History of abuse, physical or sexual trauma; conc Autism Spectrum Disorder?, death of a loved one 5. Depression (Bipolar)?	the participant's life? uct disorders such as oppositiona family change, adoption, foster c	defiance, developmental disal are, new sibling, survived a dis	Yes No No lility, aster, others)	
Please explain "Yes" answers in the space below,				

Participant Health History 2014-2015 4-H Year Participant Name: _____ Thurston County Club Middle Last-PARTICIPANT HEALTH FORM Birth Date: Month/Day/Year **PAGE 2/3** General Health History: Check "Yes" or "No" for each statement. Explain "Yes" answers below. Has/does this participant:: 1. Ever been hospitalized?..... ☐ Yes □ No 14. If female, have problems with periods/menstruation?...... ☐ Yes □ No 2. Ever had surgery?..... ☐ No `□ Yes □ No 15. Have problems with falling asleep/sleepwalking?..... ☐ Yes 3. Have recurrent/chronic illnesses?..... 16. Ever had back/joint problems?..... ☐ Yes ☐ Yes ☐ No ☐ No 4. Had a recent infectious disease?..... ☐ Yes □ No 17. Have a history of bedwetting?.... ☐ Yes ☐ No 5. Had a recent injury?..... ☐ Yes □ No 18. Have problems with diarrhea/constipation?..... ☐ Yes ☐ No 19. Have any skin problems?..... 6. Has asthma/wheezing/shortness of breath?...... ☐ Yes □ No □ No ☐ Yes 7. Have diabetes?..... ☐ Yes □ No 20. Traveled outside the country in the past 9 months?...... ☐ Yes ☐ No 8. Had seizures?..... ☐ Yes 21. Had Sickle Cell disease or traits?..... □ No ☐ Yes ☐ No 9. Had headaches?..... ☐ Yes ☐ No 22. Had high blood pressure? ☐ Yes □ No 10. Wear glasses, contacts, or protective eyewear? ☐ Yes □ No 23. Had cardiovascular disease or other heart problems? ☐ No ☐ Yes 11. Had fainting or dizziness?.... ☐ Yes □ No 24. Have a history of heart disease (not limited to conjunctive ☐ Yes □ No heart defect, cardiomyopathy, abbrythemia?)..... 12. Passed out/had chest pain during exercise?..... ☐ Yes □ No ☐ No 13. Had mononucleosis ("mono") during the past 12 ☐ Yes months?..... Please explain "Yes" answers in the space below, noting the number of the questions. For travel outside the country, please name countries visited and dates of travel. ☐ This participant will not take any daily medications while attending the activities. Medication: This participant will take the following dally medication(s) while attending the activities. "Medication" is any substance a person takes to maintain and/or improve their health. This includes vitamins & natural remedies. All medications must be in their original containers. Prescriptions must have the child's name and how the medication should be given printed on the prescription container. Please send only those medications that are necessary. Amount or dose given Name of medication Date started When it is given How it is given ☐ Breakfast Lunch Dinner Other time: Breakfast Lunch Dinner Other time: Breakfast Lunch Dinner Other time: ☐ I have reviewed the program and activities of the program and feel the participant can participate without restrictions. Restrictions: 🔲 i have reviewed the program and activities of the program and feel the participant can participate with the following restrictions or adaptations. (Piease describe below.)

¹ Note: These provisions regarding administration of medication shall not abrogate minors' rights to provide their own consent to certain services under Washington law.

Parent/Guardian:

2014-2015 4-H Year Participant Name: Thurston County Club Middle Last PARTICIPANT HEALTH FORM Birth Date: Month/Day/Year **PAGE 3/3** Does the participant require reasonable accommodation for a disability in order to access or be part of the activities? What Have We Forgotten to Ask? Please provide in the space below any additional information about the participant's health that you think important or that may affect his or her ability to fully participate in the program. Attach additional information if needed, This health history is correct and accurately reflects the health status of the participant to whom it pertains. The person described has permission to participate in all program activities except as set forth by me and/or an examining physician. If you fall to advise WSU of a medical condition, risks to your child may increase. I understand the information on this form will be shared on a "need to know" basis with WSU staff and volunteers. I give permission to photocopy this form. In addition, the health care provider has permission to obtain a copy of my child's health record from providers who treat my child and these providers may talk with the program's staff about my child's health status. _____Relationship to Participant: Signature of Custodial

Parent/Guardians: Keep a copy for your records.

EMERGENCY MEDICAL CONSENT - October 1, 2014-September 30, 2015 Washington State University - Thurston County 4-H Youth Development Program

In an emergency requiring medical attention or a situation reasonably believed by Washington State University (WSU) authorized agents including 4-H staff to be an emergency: I authorize WSU and its authorized agents to obtain emergency medical care for myself (as an enrolled member or volunteer over 18) or my enrolled child. I will be responsible for any expenses incurred in so doing including but not limited to care by health care professionals, hospital care, and ambulance or other services. In addition, the health care provider has permission to obtain a copy of my child's health record from providers who treat my child and these providers may talk with the program's staff about my child's health status. NOTE: Minors may consent to certain services in Washington.

I hold harmless and agree to indemnify Washington State University, its authorized agents and employees and the event staff

from decisions to seek emergency treatment. I voluntarily sign this authorization in to participate in the 4-H Youth Development Program. I have read it, and I understar				
Health-Care Providers:				
Name of participant's primary doctor(s):	Phone: ()			
Name of dentist(s)/orthodontist(s):	Phone: ()			
Medical Alerts:				
Medical Alerts:(severe allergies / life-threatening conditions / chronic illness	ses)			
Medical Insurance Information:	· ·			
This participant is covered by family medical and/or hospital insurance	•			
	y Number			
Subscriber Insurance Company Phone Number ()				
Secondary Insurance Company Policy	Number			
Subscriber Insurance Company Phone No	umber ()			
Name of another person to contact in case of emergency if you are not available:				
Phone: () E-mail:				
Relationship to participant:				
I have read, understand and consent to the foregoing statements. I am the parent or age of eighteen, or other person legally incompetent to contract), whose name is set member or volunteer over the age of eighteen.				

Signature of Parent/Guardian OR Participant (for participant 18 years of age or older)

Date